



Dry needling is a skilled intervention that uses a thin filiform needle to penetrate the skin and stimulate underlying myofascial trigger points,

muscular, and connective tissues for the management of neuromusculoskeletal pain and movement impairments. A trigger point is a hyperirritable spot in a taut band of skeletal muscle that is painful on compression, stretch, overload or contraction of the tissue which usually responds with referred pain that is perceived distant from the spot.

Pricing:

30 min.: \$75

60 min: \$150