Easy as 1, 2, 3

Getting your hands (or your feet) on a pair of PHITS custom orthotics couldn't be easier.



Walk over a pressure plate

First, you'll walk over unique pressure plates that capture your information. This differs from traditional, static methods because it measures how your feet react while moving. This dynamic data of your gait and pressure points paints a picture of the strains they'll face in real-life situations.



See your unique orthotic design

Using software built on years of expertise and ongoing clinical research, your PT will analyze the data and explain what they see. You'll get a firsthand look at your pressure maps, the root cause of any issues, and an explanation of how to solve them. This data is used to design your PHITS orthotics.



Order orthotics that fit your movement and your lifestyle

3D printing experts create all PHITS orthotics based on your specialist's design. 3D printing guarantees accuracy and ensures your orthotics are lightweight, durable, and tailored to you. Long-lasting and comfortable, your orthotics will support you for years and are suitable for everything from the running track to dress shoes.

Why you'll love PHITS orthotics:

Based on biomechanics, light but strong, soft and comfortable and backed by research.

Based on biomechanics

Unlike other orthotics, PHITS are made by first measuring how you walk, run, or otherwise move on pressure plates. They know what's going on beneath your foot, like whether you step with your toe or heel, and so much more. The result is a corrective solution tailored to exactly what you need.

Pricing:

Evaluation: \$75

Custom orthotic: \$250

